

# BALLYMORE BOYS

**Count:** 32    **Wall:** 4    **Level:** intermediate

**Choreographer:** Dynamite Dot

**Music:** The Boys From Ballymore by Sham Rock



## **POINT BACK- $\frac{1}{2}$ TURN RIGHT / STEP- $\frac{1}{2}$ TURN RIGHT / DIP DOWN AND UP / RIGHT TOE FORWARD / LEFT TOE SIDE**

- 1-2                    Point right toe back, pivot  $\frac{1}{2}$  turn right
- 3-4                    Step left forward, pivot  $\frac{1}{2}$  turn right (weight on left)
- 5-6                    Right foot is slightly forward bending knees dip down and up (hands on thighs)
- 7&8                    Touch right toe forward, step right next to left, touch left toe to left side

## **LEFT AND RIGHT SAILOR / LEFT SAILOR WITH $\frac{1}{4}$ TURN LEFT / SHUFFLE**

- 1&2                    Step left behind right, step right to right side, step left to left side
- 3&4                    Step right behind left, step left to left side, step right to right side
- 5&6                    Making  $\frac{1}{4}$  turn left step left behind right, step right to right side, step left to left side
- 7&8                    Shuffle forward on right-left-right

## **FULL TURN FORWARD / BUMP LEFT-RIGHT-LEFT / SHUFFLE BACK / $\frac{1}{2}$ TURN SHUFFLE**

- 1-2                    On ball of right turn  $\frac{1}{2}$  right stepping back on left, on ball of left turn  $\frac{1}{2}$  right stepping forward on right
- 3&4                    Step left forward bumping hips forward, bump hips back, bump hips forward
- 5&6                    Shuffle back on right-left-right
- &                        On ball of right make  $\frac{1}{2}$  turn left
- 7&8                    Shuffle forward on left-right-left

## **STEP- $\frac{1}{2}$ TURN / SIDE SWITCHES / HEEL SWITCHES / CLAPS**

- 1-2                    Step forward on right, pivot  $\frac{1}{2}$  turn left
- 3&4                    Touch right toe to right side, step right next to left, touch left toe to left side
- &5                     Step left next to right, touch right heel forward
- &6                     Step right next to left, touch left heel forward
- &7                     Step left next to right, touch right heel forward
- &8                     Clap hands twice

**REPEAT**